The Courage to Live Creatively
An Introductory Courage & Renewal® Retreat

Friday 1st June – 3rd June, 2018
Santa Teresa Spirituality Centre, Ormiston, QLD

This retreat offers a safe space to remember who you are and to experience the Circle of Trust® approach, grounded in the work of Parker J. Palmer.

From a very early age many people proclaim that they are not creative. This is based on a flawed understanding of what creativity is. In this weekend retreat we explore the concept that creativity is not the end result but the journey we take to get there. As Julian Stodd wrote “We are all creative; it’s in our DNA.” This Living Creatively Retreat is for those ready to consider a new understanding of creativity and provides an opportunity to reflect on the meaning, challenges and possibilities of living creatively.

This weekend retreat offers those who participate with:

- An opportunity to reflect on the concept of creativity
- A chance to contemplate creativity and ways in which it is currently being expressed in all aspects of life
- A context for careful listening and deep connection that honours diversity in personal experiences and perspectives
- A safe space in which to undertake deep personal reflection on these matters
- Opportunities to explore one’s natural gifts and how they might impact one’s creativity
- Time in which to explore potential opportunities to create

“...when I refer to ‘creative living’ I am speaking more broadly. I am talking about living a life that is driven more strongly by curiosity than by fear.”  Elizabeth Gilbert

Santa Teresa is a quiet and beautiful retreat centre at Ormiston, overlooking Moreton Bay with views to nearby North Stradbroke Island.

www.santateresa.org.au
WHAT TO EXPECT:

In this retreat, skilled facilitators help create a quiet, focused, and disciplined space—a circle of trust—in which the noise within us and around us can subside and we can begin to hear our own inner voice. In large group, small group, and solitary settings, we will explore creativity in our personal and professional lives, making use of stories from our own experiences and insights from poets, storytellers, and various wisdom traditions. The retreat includes an introduction to the Clearness Committee experience, where you learn to listen deeply and ask insightful, “open and honest” questions.

YOUR FACILITATORS:

Nerida Murray, B.Ed.,Dip.T., is a Courage & Renewal facilitator prepared by the Center for Courage & Renewal. In 2012 Nerida resigned from a position she had held for 18 years to enable her to facilitate retreats. She has worked for 40 years in both country and city schools for Education Queensland.

Lisa Albion, M.A., B.Ed., Dip.T., has over 30 years of experience working in the field of early childhood, primary and higher education. She has experience working cross-culturally in schools, training teachers, developing curriculum and implementing education projects, in the Pacific, SE Asia, the Balkans, Canada and Australia. She is committed to creating safe and nurturing learning spaces where children and adults can listen to their own wisdom.

WHEN: Begins at 5:00 p.m. Friday 1st June and concludes after lunch on Sunday 3rd June, 2018.

WHERE: Santa Teresa Spirituality Centre
267 Wellington Street, Ormiston. QLD 4160
www.santateresa.org.au

You will receive more information and directions upon acceptance into the program.

PROGRAM FEES:

$600 (GST not applicable)
$500 (if paid before 2nd April, 2018)
10% discount available for students
(Includes registration, all meals and accommodation in individual en-suited rooms.)
$100 deposit payable on registration.
Balance due by 18th May, 2018 unless other arrangements have been made.

Cancellation policy: Cancellations must be made at least two weeks before the program date but may incur a $100 administration fee if your place cannot be filled. The facilitators regret that they are unable to offer any refund or credit if you cancel within two weeks of the program.

Past Participants of similar programs share...

“Having the time to contemplate in a safe space was most helpful to me. It gave me the opportunity to really think about and reconfirm my values. I also like the opportunity to practise active listening and reflecting back to others.”

“The weekend affirmed my inner voice and my inner wisdom.”

“I leave this experience with a sense of renewal, hope and strength.”

“I wish I had been able to do this years ago.”

Early Bird Discount! Only $500 if you register and pay by 02/04/18

Register Now:
For expressions of interest or more information, contact:
Nerida Murray
Phone: +61 (0)7 33595058 or +61 (0) 0411052292
Email: neridamurray@me.com
OR
Lisa Albion
Ph: 61 (0)490346151
Email: l_albion@yahoo.com

Please complete and return the attached Registration Form.
REGISTRATION FORM

The Courage to Live Creatively: 1st – 3rd June, 2018

YOUR PERSONAL DETAILS

Name: ___________________________________________________

Place of Employment/Position: _____________________________________________

_____________________________________________________________________

Address for correspondence: _____________________________________________

_____________________________________________________________________

Phone: ________________________________________________________________

Preferred email address: ________________________________________________

Please indicate special dietary needs: _______________________________________

Any other needs: _________________________________________________________

PAYMENT

Deposit required with the lodgement of this Registration Form - $100
Balance due by Friday 18th May, 2018 - $500
Early Bird Discount if registered and paid before 2nd April, 2018 – total cost, $500
10% discount for students

Payment options:

• Direct deposit:(preferred)
  Account Name: Lisa Albion
  Account #: 1115239
  BSB: 804-002
  (Reference: MTR + Surname)

• Cheque made payable to Lisa Albion at 2/13 Kauri St, Cooroy, Qld.

No GST is payable.

RETURN FORMS TO
l_albion@yahoo.com

For any questions concerning the retreat, please contact:

Nerida Murray or Lisa Albion
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Email: neridamurray@me.com Email: l_albion@yahoo.com