Practices of the Circle of Trust® Approach

1. **Create spaces that are open** and hospitable, but resource-rich and charged with expectancy.

2. **Commit to no fixing,** advising, “saving” or correcting one another.

3. **Ask honest, open questions** to “hear each other into speech.”

4. **Explore the intersection** of the universal stories of human experience with the personal stories of our lives.

5. **Use multiple modes of reflection** so everyone can find his or her place and pace.

6. **Honor confidentiality.**