INTEGRITY / WHOLENESS  Living and working with integrity requires us to develop greater congruence between our inner and outer selves, to live less divided lives. To move towards such wholeness we must become more self-aware and accepting of our gifts as well as our limits.

AUTHENTICITY  When we “show up” as whole people and act authentically, those with whom we live and work are more willing to trust us in relationship and leadership. This can lead to transformed workplaces and organizations.

DIVERSITY  Diversity is a deeply valued source of strength, richness and wisdom for us and for the communities in which we live and work. The capacity to welcome and make space for diverse voices and multiple perspectives is critical to the creation of circles of trust, and to the healing and wholeness needed in our world.

COMMUNITY  As we do “inner work,” we are not simply focusing inwardly on ourselves. Rather, we become more aware of the fabric of our connectedness with others in our families, workplaces, and communities. This results in an ongoing sense of responsibility and stewardship of the people and concerns that most matter to us.

COURAGE  For people whose vocation is serving others, courage is needed to persevere and be “whole-hearted” in the often overwhelming circumstances in which we are trying to make a difference—whether that be in the life of child, patient, congregation or community.

LOVE  Our work is grounded in love, by which we mean the capacity to extend ourselves for the sake of another person’s growth. Our work in community stretches us to understand, respect, and support each other, teaching us why learning to love is one of the most demanding disciplines we can choose.

HOPE  Hope is believing and acting on our finest and most dearly held dreams, persisting even when the odds are against them. In the midst of the despair and broken-heartedness experienced by so many in our world today, our work engenders hope for people to live purposeful lives, do meaningful work, and make contributions to succeeding generations.

RENEWAL  Just as we experience nature’s cycle of renewal through the seasons, so we experience natural cycles of engagement and withdrawal, love and loss, creativity and despair in our personal lives and work. When we take time to slow down, quiet ourselves and reflect, to renew ourselves and recall our commitments, important changes can happen within us and around us. As we are renewed, we in turn can contribute to the renewal of our professions, workplaces, and communities.