Be renewed at
Santa Teresa Spirituality Centre, Ormiston

Courage to Lead: A Courage & Renewal Retreat

Friday, July 11 – Sunday, July 13, 2014
Santa Teresa Spirituality Centre, Ormiston, QLD

Are you passionate about your work or cause, but trying to sustain yourself in the midst of heavy demands and the urgency you feel about making a difference? This retreat offers a rare opportunity for renewal, deeper connection with kindred spirits and committed peers, and the chance to engage with questions of importance to you.

Courage to Lead® is a program for leaders from all walks of life and those who aspire to leadership. The aim of the program is to help leaders sustain and renew their passion, enthusiasm and commitment to leadership and to the communities they serve.

Courage & Renewal® retreats foster personal and professional renewal by offering the time and space to reflect on life and work, and to:

- Pause, be still, and disconnect from technology and the pace of a leader’s life.
- Name the “leadership moment” you’re currently in and investigate, talk through, and honour both struggles and successes.
- Witness and be witnessed, listen and be listened to — without performance evaluation, comparison, or ego.
- Learn new skills for strengthening the capacity to ask open-ended questions, hold tensions, and rejoin soul and role.

The Process: Approximately twenty other leaders and activists will participate in this retreat with you. Together, we will engage in large and small-group dialogues focused on evocative texts and questions, experience silence, solitude and journaling for reflection, and tell stories from our own lives and work, thereby creating a shared process of exploring the intersection of our inner lives and our leadership in the world. This program is based on the Circle of Trust® approach developed by the Center for Courage & Renewal and Parker J. Palmer. More information about “circles of trust” can be found in Parker Palmer’s book, *A Hidden Wholeness: The Journey Toward an Undivided Life.*

Santa Teresa is a quiet and beautiful retreat and spiritual formation centre at Ormiston, overlooking Moreton Bay with views to nearby North Stradbroke Island.

www.santateresa.org.au

Leaders need not only the technical skills to manage the external world but also the skills to journey inward toward the source of both shadow and light.

Parker J Palmer
YOUR FACILITATORS:

**Greg Sunter, M.Ed., M.A.(Theol).**

After many years involved in Education (as teacher, leader and consultant), I have more recently been involved in staff and leadership development and formation. I’ve been leading retreats and personal development programs for more than 30 years and leading others in exploring their inner life and personal pathway to authenticity has been a life-long work. I am a Courage & Renewal facilitator prepared by the Center for Courage and Renewal. Seeking to live and work in a whole-hearted and open-hearted manner has transformed my personal and professional life and I invite you to join me in this amazing journey.

**Bern Nicholls, PhD**

Bern completed a Doctor of Philosophy in Education with Distinction and was awarded the Education Faculty’s University Medal for an innovative and unique thesis. Twenty-seven years of teaching and leading in secondary schools across Australia continues to inform her insights and practices.

Bern expertly models pedagogy, which transforms existing beliefs and attitudes toward learning. She has a unique ability to take leaders and teams through processes for self-reflection that result in capacity building. Findings from neuroscience inform her distinct coaching style that addresses the human condition and brings about change. Inspiring and motivating educational leaders and teachers illuminates Bern’s work.

**WHEN:** Begins at 5:00 p.m. Friday, July 11 and concludes after lunch on Sunday, July 13, 2014.

**WHERE:** Santa Teresa Spirituality Centre, 267 Wellington Street, Ormiston. QLD 4160

www.santateresa.org.au

You will receive more information and directions upon acceptance into the program.

**PROGRAM FEES:** $600 (GST not applicable)

(Includes registration, all meals and accommodation in individual en-suited room.)

$100 due with registration, balance due by 13 June, 2014, unless other arrangements have been made.

**Cancellation policy:** Cancellations must be made at least two weeks before the program date but may incur a $100 administration fee if your place cannot be filled. The facilitators regret that they are unable to offer any refund or credit if you cancel within two weeks of the program.

**Past Participants of similar programs share...**

“I have a sense that I am on the right path – that others are feeling what I’m feeling and that I can contribute and add value to my life and to those with whom I work.”

“It was a very gentle process, you felt welcomed by everyone.”

“This retreat is the best thing anyone can do for themselves.”

“This has validated my search for deeper understanding of life issues. It has reaffirmed my commitment to nourishing spirituality.”

“Such a huge gift. I feel very privileged to have had this opportunity.”

**Early Bird Discount! Only $500 if you register before May 13.**

**Register Now:**

For expressions of interest or more information, contact Greg Sunter: 0413 574 382 or greg@WholeHearted.com.au

Please complete and return the attached Registration Form.
REGISTRATION FORM  
Courage to Lead, July 11 - 13, 2014

YOUR PERSONAL DETAILS

Name: ________________________________________________________________________________

Place of Employment/Position: ________________________________________________________________________________

_______________________________________________________________________________________

Address for correspondence: ________________________________________________________________________________

_______________________________________________________________________________________

Phone: ________________________________________________________________________________

Preferred email address: ________________________________________________________________________________

Please indicate special dietary needs: __________________________________________________________________________

Other Needs: _____________________________________________________________________________________________

How did you hear about this retreat? _________________________________________________________________

PAYMENT

Deposit required with the lodgement of this Registration Form - $100
Balance due by June 13, 2014 - $500
Early Bird Discount if registered by May 13 – total cost, $500

Payment options

- Direct deposit: (preferred)
  Account: GR Sunter  A/c #: 12466298  BSB: 638-010
  (Reference: LEAD + Surname)

- Cheque made payable to GR Sunter

   No GST is payable. WholeHearted Enterprises – ABN 49 956 226 651

RETURN OF FORMS

Post to: Greg Sunter
WholeHearted Enterprises
PO Box 291
Moorooka QLD 4105

Email to: greg@WholeHearted.com.au

For any questions concerning the retreat, please contact Greg Sunter on greg@WholeHearted.com.au or 0413 574 382.