Journeying in the Autumn of Life
A Circle of Trust® Retreat
November 10-12, 2015

The Bishop’s Ranch, Healdsburg, California

The autumn of life is a season that has its own seasons: times of abundance, times of growth, of harvest, of loss. This season can bring unexpected loss and uncertainty about the future, but also opportunities to find new purpose and directions. It can bring new responsibilities for aging family members, but also new ways to contribute to family and community. Such concerns and questions can arise for anyone, but may be especially important to those from serving professions: health practitioners, spiritual directors, clergy, educators, and others whose vocational choices have been shaped by a commitment to serve others. We’d like to invite you to participate in a retreat that offers an occasion to reflect on the deeper questions that arise in the autumn of our lives.

The retreat’s facilitators have been prepared by the Center for Courage & Renewal to offer retreats based on the Circle of Trust® approach, including time and space for reflection as individuals and in small groups, the use of poetry and stories, journaling, music, and silence. There will also be space and time to rest and contemplate the autumn beauty of The Bishop's Ranch.

For more information, you are welcome to contact any of us at the addresses below:

Jim Quay is former Executive Director of the California Council for the Humanities. He has facilitated Circle of Trust retreats since 2008 and has offered courses at Dominican University based on the Circle of Trust® approach. He also served on the Board of Directors for the Center for Courage & Renewal. (jimquay@gmail.com)

Alan Claassen is an ordained minister, specializing in helping congregations in times of transition. He has co-facilitated two Circle of Trust® retreats and was the song leader and guitarist at two international retreats sponsored by the Center for Courage & Renewal. (sonomalan@gmail.com)
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Name: _______________________________________________________________________________
Address: ______________________________________________________________________________
Phone: Home:________________  Cell: ________________  Email address: __________________________

**Personal Statement:** On a separate page, please share what is drawing you to this retreat. We also invite your comments about your vocational experience and the professional or personal questions you may be holding.

**Special Dietary Needs (if any):** The Bishop’s Ranch is able to accommodate vegetarian or vegan diets, as well as most special diets. Please let us know your dietary needs so we can communicate them accurately to the chef.

**Location and Cost:** The retreat will be held at The Bishop’s Ranch, in the heart of Sonoma County’s Russian River Valley, 70 miles north of San Francisco, and southwest of Healdsburg on Westside Road. Rooms are single or double occupancy. Last day for registration is October 11, 2015. Space is limited to 25 participants, so please register early.

The cost for this retreat is $515. That amount includes lodging (double occupancy), six meals, retreat materials and supplies, copying and mailing, and facilitation and administrative expenses. The retreat begins with a reception at 3:00 pm on Tuesday, November 10, and concludes with lunch on Thursday, November 12. Full payment is due by November 10th.

- Basic cost for this retreat (double occupancy) $515
- Single occupancy $595
- Benefactor* $_____

*We are committed to making participation possible for all who wish to attend, regardless of their ability to pay. If cost is an issue for you, please contact either Alan Claassen or Jim Quay (see above). If you can make a donation to help others who cannot afford the full registration or might otherwise not be able to participate, your donation will be gratefully received and you will receive a letter acknowledging your tax-deductible donation.

Please send the registration form, personal statement, and a non-refundable deposit of $100 payable to *SJSU Foundation-Courage & Renewal Fund*, and mail it to:

Jim Quay, Courage & Renewal Facilitator
1502 Beverly Place, Albany, CA 94706

This program is co-sponsored by the Pacific Center for Spiritual Formation and the SJSU Foundation Courage and Renewal Fund, in collaboration with the Center for Courage & Renewal.

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*This program is based on the Circle of Trust® developed by Parker J. Palmer and the Center for Courage & Renewal. The Center is an educational nonprofit organization dedicated to working with teachers, leaders, and other serving professionals to establish circles of trust that support personal wholeness, professional integrity, and vocational vitality. For more information, see [www.couragerenewal.org](http://www.couragerenewal.org). The Center for Courage & Renewal admits students of any race, gender, color, sexual orientation, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to its students. It does not discriminate on the basis of race, color, sexual orientation, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and other school administered programs.*