Embracing Life’s Transitions with Integrity:
Finding Ourselves in the Space between Change and Transition

A Circle of Trust® Retreat on the Ocean
November 15-17, 2017, Pawleys Island, SC

Facilitated by Sally Z. Hare and Russ Moxley

For whatever we lose like a you or a me
it’s always ourselves we find in the sea
- e.e. cummings

Circle of Trust Retreat offered by still learning, inc., Moxley and Associates, LLC,
in collaboration with Kirkridge Retreat and Study Center
Of course, we don’t really lose ourselves as change enters our lives. But sometimes we feel like we do.

Change is. It’s part of being alive on Earth. Our bodies change every day; our relationships change; our work in the world changes. The environment around us changes.

We have no choice about change. That is outside of us. But we DO have a choice about how we respond to the change; that is transition. In this unique retreat, Russ Moxley and Sally Z. Hare invite you to join them for a Circle of Trust, bringing together their work with Parker J. Palmer’s Circle of Trust® approach and integrating Sally’s work in community and lifelong learning and Russ’ work in leadership development and the transition theory of William Bridges. And of course, as the poet e. e. cummings reminds us, it’s always ourselves we find in the sea.

The retreat will provide you an opportunity to:

- Explore what courage is required of you to let go of what has been.
- Consider what can be done to bravely step into the in-between, the space between the known and unknown, and create your new story.
- Glimpse the hidden wholeness, the seamlessness, between our inner landscape of transition and the outer world in which the change is happening.
At this time, the noise and vitriolic exchanges in the outer world seem especially vexatious. As we approach the next transition in a lifetime of change, we need a place to quiet our hearts and find what is there.

Those of us engaged in organizational leadership, teaching, psychology, pastoral care, medicine and other service professions, in community service and social change, know the challenge of sustaining ourselves and our commitment to deeply held values and beliefs. The more passionate we are about our work and our lives, the more vital it is that we take time to renew our own spirits - to reconnect with the wellsprings of our work in the world, our service to others.

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It isn't the changes that do you in, it's the transitions. Change is not the same as transition. Change is situational: the new site, the new boss, the new team roles, the new policy. Transition is the psychological process people go through to come to terms with the new situation. Change is external, transition is internal.

---William Bridges

The safe space of this retreat offers you the opportunity to glimpse Your own hidden wholeness, to rejoin soul and role, to reconnect who you are with what you do, even as you embrace life’s transitions. This is a creative endeavor that asks us to reclaim our own story.

Our lives are not our experiences, but how we make meaning from our experiences. Researchers in leadership and adult development today are affirming that successful adults are those who remember, reflect and recreate their stories.

This circle of trust retreat is for persons moving into retirement or changing jobs, whether in education, health care, psychology, law, philanthropy, the arts, religious/spiritual life, and nonprofit and community organizations.
It is for persons dealing with some kind of life change, and considering the way to embrace transitions with integrity, whether the change is retirement, becoming an empty nester, the experience of loss, the promise of new beginnings, or the consideration of a change in vocation or job.

In this retreat the skilled facilitators will help create a quiet, focused, respectful space, in which the noise within us and around us can subside, and we can meet stillness. In large group, small group, and solitary settings, we will explore the intersection of our personal and professional lives, making use of stories from our own journeys, as well as insights from poets, storytellers, various wisdom traditions.

If you find yourself between the known and the unknown, between what has been and what will be, we invite you to join us for this Circle of Trust retreat to explore the theme of transition. Over three days we will contemplate what it means to face into transitions with attentiveness and courage, we will listen for “the voice of the genuine in us” about the next important step, and we will more fully embrace transitions as an important part of our journey.

**WHEN and WHERE** The setting for the retreat will be the Sea View Inn, located on Pawleys Island, SC, one of the oldest summer resorts on the East Coast. The retreat will begin at 4:30 pm on Wednesday, November 15, and end with lunch on Friday, November 17, 2017. Participants may stay at the Sea View Inn before or after the retreat at discounted rates with advance reservations.
**COST:** Space is limited to 20 participants. Programs typically fill well before the deadline. The registration fee for this retreat is $889 and includes EVERYTHING: all retreat fees, materials, single room with private half-bath, wonderful Southern meals (hot breakfasts, dinner mid-day, and supper in the evenings!), generous coffee and tea breaks. Please mail your check to still learning, inc, with the attached registration form to Dr. Sally Z. Hare, still learning, inc, p o box 14028, Surfside Beach, SC 29587. A DISCOUNTED EARLY REGISTRATION FEE OF $775 IS OFFERED until JULY 31, 2017.

**RETREAT LEADERSHIP**

**Sally Z. Hare** is a teacher and a learner and a student of community. She earned her doctorate at the University of South Carolina and has completed post-doctoral work in settings as diverse as the Harvard University Leadership Institute, the Center for Contemplative Mind in Society, and the Institute of Noetic Science’s Healing Arts of Bali. She is president of still learning, inc, and Singleton Distinguished Professor Emerita at Coastal Carolina University. She has worked for two decades with the national Center for Courage & Renewal and facilitates the Courage to Teach and the Courage to Lead programs as well as Circles of Trust retreats across the United States and in Canada and Australia. She is author and story-gatherer for two book about the Courage Work, *Let the Beauty We Love Be What We Do* and *Thin Places: Seeking the Courage to Live in a Divided World.*
**Russ Moxley** is a Circles of Trust facilitator prepared by the Center for Courage & Renewal. For the past fifteen years he has led formation retreats with pre-K-12 teachers, educational leaders, health care leaders, nonprofit leaders and clergy leaders across the U.S. and in Canada. Until 2002, Russ was a senior fellow and faculty member at the Center for Creative Leadership, where he is still on the adjunct faculty. Russ is the author of *Becoming a Leader is Becoming Yourself, Leadership and Spirit*, co-editor and co-author of the *Center for Creative Leadership Handbook on Leadership Development*, and he has contributed chapters to four well-known edited books. Russ and his wife, Jean, are at home in Greensboro, NC, and West Jefferson, NC.

**ABOUT still learning, inc.**
still learning, inc., is about renewing what we do by reclaiming who we are, in the world of work, the world of parenting, the world of family, the world of leadership. We are dedicated to the lifelong learning of teachers, educators, parents, business and other leaders through renewal programs in workshop and retreat settings all over the country.  www.stilllearning.org

**ABOUT Moxley and Associates, LLC**
For the past 35 years Russ Moxley has been engaged in leadership and development work with clients from every sector of society – business and industry, education, nonprofit, public sector, and religious institutions. For several years he was manager of management and organization development for a major oil company. For eighteen years he served on the faculty at the Center for Creative Leadership. His initial work at CCL was building a business for Looking Glass, Inc., a well-known simulation developed by researchers at CCL. Later he became Director, Leadership Resources, the business unit in CCL that developed and marketed multi-rater feedback instruments. The last three years at CCL Russ was a Senior Fellow. Today Russ takes this work out into the world as the principal of Moxley & Associates, LLC. In this capacity he serves as an executive coach, workshop designer and trainer, organization consultant, retreat facilitator and keynote speaker.  moxleyandassociates.com

**ABOUT Kirkridge Retreat and Learning Center**
*Kirkridge is a place to be, and to become a people of hope, compassion, justice, and service.* Since 1942, Kirkridge Retreat and Study Center has provided a place for rest and renewal to pilgrims along life’s journey. Located on a ridge of the beautiful Kittatinny Ridge of Northeast Pennsylvania, Kirkridge is pleased to join still learning, inc. for this experiment of “Kirkridge on the Road”!  www.kirkridge.org

A DISCOUNTED EARLY REGISTRATION FEE IS OFFERED until JULY 31, 2017.  See details above. If you need additional financial assistance, please contact Sally Z. Hare (couragetoteach@sc.rr.com)

For further information, please contact:
- Sally Z. Hare, 843.238.9291, couragetoteach@sc.rr.com or
- Russ Moxley, 336.210.3822, rmoxley@moxleyandassociates.com
CIRCLE OF TRUST RETREAT APPLICATION
Embracing Transitions with Integrity
November 15-17, 2017

Name ____________________________________________________________

Address _________________________________________________________

Phone Numbers:  Cell __________________________  Other __________________________

E-mail __________________________  Fax __________________________

**Personal statement:** To help us discern how participating will both serve you and allow us to better plan the program, please include a personal statement (not more than two pages) with your registration:

- How you learned about this Circle of Trust® retreat;
- Why you are interested in participating, and how you hope to benefit personally and/or professionally.

**Program costs:**

____ $889. My check made to *still learning, inc.* is enclosed with this registration form and my personal statement.

**Special Dietary Needs:**

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If you have any other special needs, please let us know as soon as possible, so that we can do our best to accommodate you.

**To register send the registration form, personal statement, and your check payable to still learning, inc., to:**

Dr. Sally Z. Hare
still learning, inc.
P O Box 14028
Surfside Beach, SC 29587