An invitation to participate in
Courage to Lead®

New leadership is needed for new times, but it will not come from finding more wily ways to manipulate the external world. It will come as we who serve and teach and lead find the courage to take an inner journey toward both our shadows and our light—a journey that, faithfully pursued, will take us beyond ourselves to become healers of a wounded world.

—Parker J. Palmer

Developed by Parker J. Palmer and the Center for Courage & Renewal, Courage to Lead® is a new model of leadership development known as leader formation. It is based on the belief that effective leadership is rooted in the identity and integrity of the leader. Courage to Lead® has been carefully designed to create open, disciplined spaces—Circles of Trust®—where you can move from the “what” and “how” questions of leadership to the “who” question and can discover again the deep connection between who you are and what you do.

Program Description

In this seasonal program you and other participants from the serving professions—education, health care, nonprofits, ministry and others—will be invited and equipped to listen, live and lead with integrity so you can serve the world with courage.

This program is structured as a series of retreats—retreat not as escape or withdrawal but as engagement at a deeper level with your life and your work. It is about paying attention to the unfolding of your identity and embracing courageously the various roles and responsibilities that fill your life.
In **Courage to Lead®** you will find:

- time to reconnect who you are with what you do;
- opportunities to discern and claim birthright gifts, the gifts that define the distinctive contribution you have to offer to the practice of leadership;
- a safe space in which to re-member yourself and reclaim your wholeness;
- chances to quiet the noises of the world and listen to your own life speak;
- en-courage-ment to fully embrace your leadership roles and responsibilities.

**Retreat Location**

Courage to Lead® will be held at St. Francis Springs Prayer Center in Stoneville, North Carolina. St. Francis is a warm, hospitable and beautiful space than invites reflection and renewal.

**The retreat dates and probable themes are:**

<table>
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<tr>
<th>Retreat Date</th>
<th>Theme</th>
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<tbody>
<tr>
<td>October 19-21, 2016</td>
<td>Discovering Seeds of True Self</td>
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<tr>
<td>January 25-27, 2017</td>
<td>Embracing the Paradox of Dormancy and Deep Growth</td>
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<tr>
<td>April 5-7, 2017</td>
<td>Finding New Life and Possibilities in Spring</td>
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<tr>
<td>August 9-11, 2017</td>
<td>Moving from Scarcity to Abundance in Life and Leadership</td>
</tr>
<tr>
<td>October 18-20, 2017</td>
<td>Journeying toward an Undivided Life</td>
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Each retreat will begin at 2:00 PM on Wednesday and conclude with the noon meal on Friday.

**Retreat Facilitator**

**Russ Moxley** is a Courage & Renewal facilitator prepared by the Center for Courage & Renewal. He has led formation retreats with pre-K-12 teachers, educational leaders, health care leaders, nonprofit leaders and clergy leaders from across the southeast, northeast and in Canada. Until 2002, Russ was a senior fellow at the Center for Creative Leadership, and today he is still a part-time faculty member there. Also an independent consultant and facilitator, Russ is the author of *Leadership and Spirit, Becoming a Leader is Becoming Yourself*, co-editor and co-author of the first edition of *Center for Creative Leadership Handbook on Leadership Development*, and he has contributed chapters to four edited books. Together Russ and his wife, Jean, have six daughters and twelve grandchildren. They live in Greensboro and on the New River in Ashe County, NC.

For more information about **Courage to Lead**, please phone Russ at 336.210.3822, or email him at **rmoxley@moxleyandassociates.com**
Courage to Lead Application

Name: _____________________________________________________________

Address: __________________________________________________________

City, State, Zip: ___________________________________________________

Preferred Phone: ___________________________ Email: ____________________

Dietary restrictions: ________________________________________________

I prefer a: __________ Single Room __________ Double Room

In a brief paragraph, please describe how this seasonal program is the right program at this time for you (use back if you wish):

The cost of the seasonal program is $495 per person per retreat (double occupancy), or a total cost of $2475. There are a limited number of single rooms available for an additional fee of $60 per retreat. A non-refundable deposit of $250 is required with the application. A second payment is due by October 1, 2016, and the final payment by April 1, 2017. Special needs will be considered. There may be scholarships available for United Methodist Clergy from the Western North Carolina Conference

Space is limited to 18 individuals and early registration is encouraged. Detailed information will be sent after receipt and acceptance of application.

Participants are expected to participate in all five retreats.

Please send registration and fees to: Russ S. Moxley, 101-F North Park Drive, Greensboro, NC, 27401., with checks made payable to Moxley & Associates, LLC.

Deadline for Registration is September 1, 2016

You can find further information about the Center for Courage and Renewal at www.couragerenewal.org